

A female lion needs 5kg of meat a day. A male needs 7kg or more a day.

All top quotes by **Mehar Saxena**
 AIS Gur 46, IV



Euphoria on the roll

...say the members of the band *Euphoria*, the earliest pioneers of Hindi rock. A band best known for the energetic aura that it creates on stage, *Euphoria* has gained critical acclaim and popularity across the world. Catch them unfold their secrets as **Tarini Sharma & Anoushka Chakrapani, AIS Saket, XI**, take you behind the scenes as they interact with some members of the team.



GT reporters with back-up vocalists Kamakshi Khanna (left) and Vaishali Barua

Pic: Ravinder Gusain, GT Network

They met, they said



Debajyoti Bhaduri:
Bass



Rakesh Bharadwaj:
Dholak and Percussion



Prashant Trivedi:
Tabla and Percussion

Classical(ly) rock
 We used to jam without any intention of being a proper rock band. Playing day in and day out brought us to the making of our song 'Mayeri'. It was Palash's (Dr Palash Sen, lead vocalist) idea to incorporate classical vocals and instruments in our music. He felt that doing so would provide a rustic feel and bring a different touch to the band that would set us apart and at the same time, help us stay connected to our roots.

Rock rocks
 All we get to hear on the radio these days is EDM and hip-hop. As a downside, other genres like rock and classical are being ignored. Rock is one

genre of music that is portrayed as one form with no sub-genres. The sense of freedom that Rock music gives cannot be provided by any other genre. We miss the pure Hindi rock music.

'Reality' shows
 Like any other reality show, music reality shows provide a platform to those who seek opportunities in the field. In fact, many of our band members have been a part of music reality shows and these shows have actually played a significant role in shaping our careers. One needs to keep in mind the purpose for which they are participating in a reality show. They are great if you want to gain

experience and exposure into the industry.

Delhi vs Mumbai
 In Delhi, people have a sense of individuality and the music is raw and very close to the roots. There is a lot of hidden talent buzzing through the streets of Delhi. Mumbai, on the other hand, is more about making a living out of music since it provides a platform that allows to commercialise music.

Be social
 In the present day and age, no music band or

album can survive without being popular on social media. Today, social media has an important role to play in the sales as well as popularisation of a music track. People use phones more than they read newspapers. Publicising the events through social networking websites has helped us and many other bands gain more followers than we could have gained through traditional methods.

Follow your heart
 If you strongly believe in something, go for it. Follow your heart. No matter how risky it appears as a career option, if it makes you happy, make it your career. The satisfaction you will gain will be worth it. **GT**



This article was published in GT edition dated Nov 2, 2015. Anoushka is going to attend King's College, London, for BA Liberal Arts, and Tarini is in her second year of BA LLB from Symbiosis, Pune.



A run for happiness

Diary Entry Of A Girl Who Ran A Marathon



Aditi's marathon run was a memorable experience



Aditi Goel
 AIS Noida, IV

Dear Diary, you know that you are my best friend, which is why I find time to write down in you even on the busiest of days. But today I want to share something special with you. Today, I met a lot of new people, learnt something new, and had so much fun that I can't even describe it in words. Today, I participated in the 5 km run in Noida Grand Marathon. I never imagined that running can be such an enjoyable activity. The marathon was nothing like I had ever done before. I woke up at 5.30 am in the morning, got ready, and was eager

to leave. I was so excited that I woke my parents before the alarm clock could. We reached the venue by 6 am. The fresh air made me feel so excited. I looked around and saw so many people. While some of them were kids like me, there were others who looked like they were in *bhaiya's* age group and some who were of my parents' age. I even saw some grandparents along with their children. Many people were warming up before the run. But there were also some, taking selfies and photos of the beautiful gathering and chit-chatting with one another. Everyone looked cheerful and eager to run. Just then, an uncle blew the horn and we all started to run. Everyone around

me was smiling and running, and I was smiling and running too. Some were very fast, some slow. I felt like I was part of a team and we were all running together for a cause. There were a lot of people standing at the sides of the road, cheering for us, prodding us to run faster. It motivated me to keep going. All these loud cheers filled me with joy and happiness and I wanted to run as fast as I could. I felt like a celebrity. I want to participate in more such marathons and I want to run faster and be better. It was one of the best days I have ever had, and I will always remember it.
 Love, Aditi **GT**

GT Travels to Italy



Aarohi Ganguly, AIS Noida, KG B poses with her copy of *The Global Times* at Leaning Tower of Pisa, Italy. The tower is one of the seven wonders of the world and is known for the unintended tilt which makes it unique yet special. The tilt is due to the ground being too soft on one side to support the structure, and now stands as the perfect modern example of a piece of 'flawed art'.

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