Mango Bytes

A small piece of heaven on earth

The sweet labour

D r Anita Kaul is an obstetrician and gynaecologist, specialising in fetal medicine at the Apollo Hospitals, Delhi. An expert and researcher in her field, Dr Anita started the Apollo Fetal Medicine Unit, the only unit in India accredited with testing for the first semester Down syndrome screening. She was a guest at the Amitasha annual day celebrations held at Amity University, Noida, where she shared her thoughts with the GT reporter.

Gender: No bar

Gender should not be a limitation when it comes to exploring a person’s potential. We need to stop classifying things/tasks as ‘for boys only’ or ‘for girls only’. It’s important for people to open up their mind and believe in their potential.

Education: Empowerment

In my opinion, education is the biggest tool for empowerment. This is the reason, initiatives like Amitasha go at great length to empower the girl child. It is sad that girls are still considered a burden in our society. It is for this reason that there are still a large number of female foeticide cases in the country. We need to educate the girls so that they can grow up and stand on their feet. It is only then that we will start viewing girls as an asset and not a liability, the number of female. We need to focus on values like hard work and movie people, irrespective of gender.

Sensitisation: Early on

Externally, External Affairs Minister Sushma Swaraj suggested that boys should be encouraged to study home science. The move, she opined, will help “break the traditional mindset about women.” In my opinion, imposing something is not the solution. Perhaps, the need of the hour is gender sensitisation from an early age.

Education can hardly be considered an obligation, but it is a basic necessity to lead a fruitful life. For the majority, the answer would be no. This is why at Amity, I have always stressed upon the need to nourish and protect our children, but most importantly, to appreciate the beauty within a child. Children are born with imagination and creativity, which if encouraged and channelised in the right direction, can help them achieve unimaginable heights of success. Seeing them successful and contributing in nation building is no less than watching one’s own children succumb, much like the sweetness of mangoes.

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Amitasha annual day celebrations

Amitasha annual day celebrations held at Amity University, Noida, where Dr Anita Kaul shared her thoughts with the GT reporter.

‘Second’ chance

The world always has a special place for those who come first. But what happens to those who come second? Preserving the success stories by runner-ups

The sweet labour

R ome was not built in a day.

Taj Mahal didn’t happen by magic. Everything in this world that looks magnificent has been made after years and years of hard work and labour. Likewise, every successful person in this world is a product of meticulous planning, determination, perseverance, dedication, focus, patience and, of course, hard work.

Quite often, when you are on the last rung of the ladder, the journey to the top may seem like the longest. Sometimes, the road ahead may seem tough, inviting you to look for short-cuts. But, remember there is no short-cut to success.

Success can only be achieved through hard work. Of course, sometimes the going may get tough, but in situations like these, you need to be patient and continue marching ahead on the chosen path. Think of this: you have an exam around the corner. Tired of studying, you decide to take the shortcut of cheating. But it is quite possible that during the exam, you are unable to cheat. The result? You end up flunking the exam. On the other hand, the longer road to acing that exam would comprise endless hours of dedicated studying. Sure, studying sometime turns out to be a very long and burdensome process, but it does not mean that you will not gain anything out of it.

Little pearls of wisdom

Navya S Rastogi, AIS G 46, XII F

He can hear it from 20 feet away.

What we can hear from 20 feet, dogs can hear it from 20 feet away.

Dog trivia

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’Second’, but still a champion

Steve ‘G’ Ford had a rather disappointing start to her first major competition where she lost to Tracy Austin in the very first two sets of the match. But as a sportsperson she should be, only more motivated by that defeat. She dreamed of becoming the best and eventually became the number 1 female tennis player. Her illustrious career includes six French Open singles titles (second to Evert), seven Wimbledon singles titles, four Australian Open titles, also a coveted Olympic gold medal.

’Second’, but still a famous cook

In the final of the second series of Master Chef Australia, Callum Hann finished runner-up in a thrilling final. Even though he achieved second spot, after what can only be called weeks of grueling cooking in the Master Chef Kitchen, he wasn’t disheartened. After the show, he co-founded a culinary school, ‘Sprout Cooking’ in Adelaide. He also released two cookbooks, ‘The Starter Kitchen and I’d Eat That’.

Someone once said that ‘the first’ is always special. But then there was also someone who said, life is about ‘second’ chances. And even if neither of them come your way, don’t be disappointed for life is too long to be inundated by numbers. The idea is to get up and move on.

(With inputs from Varunavi Chauhan)

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